**Youth Matters D&G 2022**

**Wed 2nd November 2022 10am – 3pm**

**The Bridge, Dumfries**

**Individual Reservation Form for Young People (Delegates)**

Youth Matters is a conference by disabled young people for disabled young people in Dumfries and Galloway. It is an opportunity to share YOUR views and make recommendations for what needs to happen for YOU to be able to live the life YOU want as adults and equal citizens.

Please complete the registration for below to reserve your space/s.

Contact Heather or Catherine at The Usual Place if you want to discuss this further [admin@theusualplace.org](mailto:admin@theusualplace.org)  [**01387  253485**](tel:01387253485)

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| **Name of person reserving spaces** |
| **Name of Young Person attending if different from above** |
| **Age of young person** |
| **Contact email** |
| **Contact phone number** |
| **Address and Postcode** |
| **Please ensure you have all appropriate emergency contact details with you.**  ***Dumfries & Galloway Council’s YouthWork Team, PAMIS Staff and conference guides will also be there to support delegates throughout the whole event.*** |
| **Do you require transport to attend the conference? Please delete or circle.**  **Yes / No**  ***Transport can be provided from schools and may be provided from other locations*** |
| **LET US KNOW Please list any:** |
|  |
| **Food Allergies** |
| **Accessibility Requirements** |
| **Will the Young Person require any reasonable adjustments or support to attend the conference? For example, Interpreter, Information in Easy Read etc? Please delete or circle:**  **Yes / No**  **If Yes, please specify what they require:**  ***There will be a palantypist and BSL interpretation at the event.*** |

**PLEASE RETURN COMPLETED FORMS AS SOON AS POSSIBLE TO RESERVE YOUR SPACE/S** [admin@theusualplace.org](mailto:admin@theusualplace.org)

**We will be in touch with more information before the event**

Youth Matters is a partnership led by DG Voice with Third Sector Dumfries and Galloway, Youth Work Dumfries and Galloway, Dumfries & Galloway Council, The Usual Place, NHS Dumfries & Galloway, PAMIS and The Holywood Trust.

The Steering Group for the Conference is made up of disabled young people from across Dumfries & Galloway.

**Workshops and Activities Registration Form**

**Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Each young person can attend **3 workshops** and **1 activity** on the day. Please **✓**tick which ones you are interested in.

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| **Workshop Name** | **Content** | **✓** |
| **Home and Away** | Housing, Home, Safety and Independence |  |
| **Head to Toe** | Personal safety, Access and Health |  |
| **Breaking Down Barriers** | Work, Education, Training and Volunteering |  |
| **Pals, Parents and Puberty** | Friendships, Home, Safety and Independence |  |
| **I Believe in Me** | Self-respect, Self-esteem, Self-confidence, and Mental Health |  |
| **Failure? Me? NO Way!** | Reaching your goals and achieving your full potential |  |

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| **Activity** | **✓** |
| **YOU CAN – Multi-Sensory Arts Based session exploring positivity, creative arts and YOUR strengths** |  |
| **Circus Skills, Dance and Music** |  |
| **Let’s get physical – sports and exercise** |  |

*If you require extra support to participate in any of the workshops or activities, please let as know prior to the event.*